

## WEEKLY MEMO – ÉCOLE PAULINE HAARER

**le vendredi 27 Septembre, 2019**

Website: [www.paulinehaarer.ca](http://www.paulinehaarer.ca)

Monday 30	Orange Shirt Day Early Dismissal – PLC	1:37pm
Tuesday 1	Kindergarten Vision & Hearing Screening	9:00am
Wednesday 2	Bantam Football @ Home	
Thursday 3	Photo Retakes	
Friday 4		

### **Principal's message:**

Thank you to everyone who came out to our Terry Fox/Take Action walk. It was great to see so many people walking together in honour of a great man who fought for a great cause. Thank you also to our liaison officer Andrea Poitras who helped organize so many police escorts for this year's walk!

A big shout out to the PAC volunteers who helped with the Hot Lunch today and to everyone for doing their part to recycle and compost waste.

### **Orange Shirt Day**

Orange Shirt Day is on Monday, September 30<sup>th</sup>. This day is to honor the survivors of the Indian Residential School System and to remember those who did not. The reason we wear orange is based on the real life story of Phyllis, a survivor of St. Joseph's Mission School in Williams Lake, BC, whose brand new orange shirt was taken from her on her first day when she was just a little girl. Please wear orange on Monday! For those who do not have an orange shirt, an orange ribbon tied with a safety pin is another option.

To learn more about Phyllis' story and see her speak live please click on this <https://youtu.be/E3vUqr01kAk>

*I wish everyone a warm and wonderful weekend!*

Sincerely,  
Mme. Apland

# CHILDHOOD STRESS & ANXIETY BUILDING RESILIENCE

EMPOWERING STRATEGIES

EFFECTIVE SUPPORTS



Presentation and Discussion By:

**Julie-Anne Richards**, M.A., R.C.C., C.C.C.

Registered Clinical Counselor, Psycho-educational Consultant

[www.JulieAnneRichards.com](http://www.JulieAnneRichards.com)

6:00-8:00 pm

Wednesday

October 2, 2019

**CINNABAR VALLEY  
ELEMENTARY  
SCHOOL**

1800 Richardson Rd, Nanaimo

**Free Event!**

**REGISTRATION**

**REQUIRED** (Click to  
Register)

<https://www.eventbrite.com/e/childhood-anxiety-presentation-tickets-72192280053>

Event Hosted by: Cinnabar Valley Elementary PAC and inviting All  
Elementary Schools in the Area – **All Adults Welcome**

Funded by the Eric Palmer Memorial Foundation [www.ericfoundation.com](http://www.ericfoundation.com)