



400 Campbell St, Nanaimo, BC, V9R 3G7  
Telephone: 250-754-2722  
School Year: 2021 / 2022  
November 2021

Principal: Christine Bohm  
Secretary: Jennifer Mile

## Principal's Message

As you may be aware, there is a currently a Ministerial Order for the restriction of fuel and travel in the province. We are asking families to do your part to reduce your fuel consumption.

**Please carpool, use public transit or walk/drive your bike to school until December 1<sup>st</sup> or until further notice from the Provincial Government.** All before and after school activities have been cancelled. The Volleyball game between our Bantam Girls and Boys, originally scheduled for after school on November 25<sup>th</sup>, will continue but will take place at our lunch recess instead. All field trips which require the use of a school bus or volunteer drivers have also been cancelled. All meetings will now be rescheduled to be virtual once again.

November has been another busy month at EPH. We ended October with a costume parade for Halloween and rolled right into District Cross Country Meet, Volleyball practices and games, Remembrance Day assemblies and the completion of the FSAs.

For the first time in a year and a half, we were given permission to hold assemblies for Remembrance Day. We divided our school into two assemblies to ensure we were able to physically distance appropriately in the gym. For some of our students, this was the first time they have participated in an assembly! A big thank you to Divisions 1 and 8 who presented, Mme. Wallace who led our singing of O'Canada in both official languages, and Mr. Bamford for performing the Bugle Call and Reveille on his trumpet. I have included a picture of the wreaths made by our students and presented at their respective assembly. You may see this picture on the District's website also!



We have had two additions to our staffing recently. Ecole Pauline Haarer would like to welcome Mme. Bayans and Mr. Johnny to our school. Mme. Bayans is replacing Mme. Alex in Grade 6/7 and Mr. Johnny is with us as an Indigenous Education Assistant two days per week.

Sincerely,  
*Mme. Bohm*

## Covid-19 Reminder

We are noticing that some students are still arriving at school without masks. Please be reminded that the Provincial Health Officer has mandated masks to be worn by all students K-12 while indoors, this includes while at their desks. The school has a limited amount of masks to distribute, hence we are kindly asking families to please help us keep everyone safe and healthy by ensuring your child has a mask (or two) in their backpacks each day.

Reminding students to also wash their hands frequently and to practice physical distancing are still important routines to follow. Help us to teach these important routines by having the conversations at home. Thank you for your cooperation.

## Field Trip Volunteers - Updated

Classes are beginning to book field trips again. If you would like to volunteer, please ensure that you have a valid Criminal Record Check on file at the school. If you are volunteering to drive, you will also need to complete the Volunteer Driver form. *If the field trip you are volunteering for is attending a facility (ex: arena, pool, museum, etc.), parents will now be asked to show **proof of vaccination to the school** before they will be accepted as a volunteer/chaperone for the field trip.* To show proof of vaccination, please make an appointment to come to the school to meet with Mme. Bohm. Your vaccination passport QR code will be scanned and recorded for future field trips. Please ensure that you have another piece of photo identification with you, as you will be asked to provide this as well at the same time.

Field trips which take place entirely outdoors (ex: walking tour of Bowen Park) will not be required to provide proof of vaccination to the school.

## **Fire, Earthquake, Lockdown Drills**

During the month of November, Ecole Pauline Haarer will be practicing a Fire Drill and a Lockdown Drill. We will also be having the Fire Department join us for a Fire Inspection.

## **Erase Bullying Resource**



The Ministry of Education in conjunction with School Districts across the province have developed and implemented an online student and parent resource about and to report bullying incidents. Please visit [www.erasebullying.ca](http://www.erasebullying.ca) for more information.

## **Counselor's Corner**

### **Everyday Anxiety Strategies for Educators (EASE)**

EASE is a collection of evidence-informed anxiety prevention and resilience-building resources for use with students in grades K-7. The resources use cognitive behavioral strategies to address the thoughts, feelings and behaviors associated with anxiety. In response to the COVID-19 pandemic, the EASE classroom activities were adapted for use at home by parents and caregivers to support children's mental health and continuous learning. These fun and practical strategies help guide parents and caregivers in managing their children's anxiety and worries in the comfort of their home during the COVID-19 pandemic and beyond. <https://www2.gov.bc.ca/gov/content/health/managing-your-health/mental-health-substance-use/child-teen-mental-health/ease>

A Gay Straight Alliance is a group that provides opportunities for students of all sexual orientations and gender identities to come together in a safe, supportive environment. Our GSA is an open-group for grades 6 & 7s (for now) where we meet weekly to discuss GSA-topics of interest. As students get comfortable with the group, they may want to plan or organize activism/activities later in the school year.

## **Drop Off and Pick Up**

The school provides supervision 15 minutes before school and after school. Supervision is at the front of the school. The duty at the front is

there to direct traffic and keep students safe while crossing. Students should not arrive at school prior to 8:30 am, unless they are attending the onsite daycare. Similarly, please ensure that your child(ren) is/are picked up at the end of the day by 2:40 pm. Students whose parents are late will be asked to remain at the office. If you know you will be late, please contact the office a *minimum of 15 minutes before the end of the day*, so that the office staff can locate your child and relay the message.

We ask everyone to please respect the Staff Parking areas as well as the Yellow Lined "Bus Only" area. This area is reserved for Buses, Day Care drop off and pick up and for those needing to park in the Handicap Parking.

We also ask that you drive slowly in and out of our parking lot and down the alley and at the back near the Scout Hut. Please note that the alley and Scout Hut are not part of our school grounds and we do not have supervision back there. Please ensure you arrange to pick up your child from the FRONT of the school for their safety.

## **Theme Days**

We will be having Theme Days this year! Each month students and staff will be invited to dress in accordance to a specific theme. We are excited to announce that November's Theme Day, on Friday November 26th, will be Superhero Day.

## **Fruit and Vegetable Program**

We are pleased to announce that Ecole Pauline Haarer students will be receiving fresh fruits and vegetables through the BC Agriculture in the Classroom Foundation. Starting in January, each month we will be receiving different fruits and vegetables for each classroom.



## **Sports**

Congratulations to all of our students who participated in the District Cross Country Meet. Well done everyone! A big thank you to all the parent volunteers and Mr. Bamford for helping to make the race experience exciting for our students.

Volleyball is underway already. Our Bantam boys and girls teams are participating in the NETPEA league games every Thursday after school. Good luck to all our players for the remainder of the season. Thank you to Mr. Bamford, Mme. Richardson, Mme. Murdoch and Mme. Elzinga and all the volunteers for your time and expertise.

## ***Important Upcoming Dates***

November 25 Lockdown Drill  
November 26 Superhero Day/PAC Delivery  
November 28 Hanukkah Begins  
December 13-17 Winter Fun Theme Days  
December 17 Last day before Winter Break  
December 18 January 3, 2022 Winter Break